

| Etapa | Km | Km (別ルート) | 地名 | 標高 | 累積 | A | H/C | R | B | S | F | M | € | 残存距離 |
|----------------|------|--------------|--------------------------------------|-------|-------|---|-----|---|---|---|---|---|-------|-------|
| 7 (24.6Km) | 4.0 | | Munitibar | 190 | 148.2 | | 1 | R | B | S | F | M | € | 673.2 |
| | 6.2 | | Olabe | | 154.4 | A | | | B | | | | | 667.0 |
| | | | Elejalde | | | A | | R | B | | | | | |
| | 3.0 | | Marmiz | 120 | 157.4 | | | | | | | | | 664.0 |
| | 3.0 | | Ajangiz | | 160.4 | | | R | B | | | | | 661.0 |
| | 1.4 | | Gernika | 10 | 161.8 | A | 3 | R | B | S | F | M | € | 659.6 |
| 8 (20.8Km) | 5.3 | | Pozueta | | 167.1 | A | | | | | | | | 654.3 |
| | 1.3 | | Alto de Morga (Gerekiz) | 180 | 168.4 | A | | | | | | | | 653.0 |
| | | | Andra Mari | | | | 1 | R | B | | | | | |
| | 1.6 | | Alberuge Eskerika | | 170.0 | A | | | | | | | | 651.4 |
| | 7.8 | | Goikolexea | | 177.8 | | | R | B | | | | | 643.6 |
| | 1.4 | | Larrabetzu | 75 | 179.2 | A | | R | B | S | F | M | € | 642.2 |
| | 3.4 | | Lezama | 65 | 182.6 | A | 2 | R | B | S | F | M | € | 638.8 |
| 9 (10.8Km) | 3.0 | | Zamudio | 45 | 185.6 | | 2 | R | B | S | F | M | € | 635.8 |
| | | | Derio | | | A | 2 | R | B | S | F | M | € | |
| | 7.8 | 0.0 | Bilbao | 5 | 193.4 | 5 | 10+ | R | B | S | F | M | € | 628.0 |
| 10 (19.4Km) | 13.6 | | Barakaldo | 30 | 207.0 | A | 2 | R | B | S | F | M | € | 614.4 |
| | 3.8 | | Sestao | 70 | 210.8 | | | R | B | S | F | | | 610.6 |
| | 0 | 7.6 | Erandio | | 210.8 | | | R | B | S | F | | | 610.6 |
| | 0 | ↓ | Getxo | | 210.8 | | 1 | R | B | S | F | M | € | 610.6 |
| | 2.0 | 4.8 | Portugalete | 26 | 212.8 | 2 | 3 | R | B | S | F | M | € | 608.6 |
| 11 (27.6Km) | 12.0 | | La Arena | | 224.8 | | | R | B | | | | | 596.6 |
| | 1.0 | | Pobeña | 10 | 225.8 | A | 1 | R | B | | | | | 595.6 |
| | | | Barrio El Haya | | | | 2 | R | B | S | | | | |
| | 6.0 | 0.0 | Ontón ↓ Cantabria | 30 | 231.8 | A | | R | B | S | | | | 589.6 |
| | 4.8 | | Mioño | 15 | 236.6 | | | R | B | S | | | | 584.8 |
| | | 1.4 | Baltazana | | 236.6 | | | | B | | | | | 584.8 |
| | | 6.0 | Otañes | | 236.6 | | H | R | B | S | | | | 584.8 |
| | | 2.6 | Santullán | | 236.6 | | | R | B | S | | | | 584.8 |
| | | 2.2 | Sámano | | 236.6 | | H | R | B | S | F | M | € | 584.8 |
| | 3.8 | 3.6 | Castro Urdiales | 5 | 240.4 | A | 9 | R | B | S | F | M | € | 581.0 |
| 12 (26.6Km) | 3.4 | | Alledelagua | | 243.8 | | | | | | | | | 577.6 |
| | 2.0 | | Cerdigo | | 245.8 | | | | | | | | | 575.6 |
| | 3.2 | | Islares | 25 | 249.0 | | 2 | R | B | S | F | M | € | 572.4 |
| | 4.2 | 0.0 | El Pontarrón de Guriezo | 10 | 253.2 | A | | R | B | S | | | | 568.2 |
| | | 2.4 | Rioseco | | 253.2 | | | R | B | | | | | 568.2 |
| | | 2.8 | La Magdalena | | 253.2 | | | | | | | | | 568.2 |
| | 7.6 | 8.6 | Hazas | 25 | 260.8 | A | 2 | R | B | S | F | M | € | 560.6 |
| | | | Villanueva | | | | H | | | | | | | |
| | 3.2 | Tarrueza | | 264.0 | | | | | | | | | 557.4 | |
| | 3.0 | 0.0 | Laledo | 5 | 267.0 | 2 | 9 | R | B | S | F | M | € | 554.4 |

| Etapa | Km | Km (別ルート) | 地名 | 標高 | 累積 | A | H/C | R | B | S | F | M | € | 残存距離 | |
|----------------|------|--------------|---|-----|-------|---|-----|---|---|---|---|---|---|-------|-------|
| | 1.0 | | Concha | | 364.6 | | | | | | | | | 456.8 | |
| | 2.4 | | Comillas | 42 | 367.0 | | H | R | B | S | F | M | € | 454.4 | |
| 17 (29.0Km) | | | Playa de Oyambre | | 367.0 | | | 2 | R | B | | | | | |
| | | | Barrio Gerra | | 367.0 | | | 1 | R | B | | | | | |
| | 11.6 | | S.Vicente de la Barquera | 19 | 378.6 | | | 8 | R | B | S | F | M | € | 442.8 |
| | 2.5 | | La Acebosa | 72 | 381.1 | | | | R | | | | | | 440.3 |
| | 2.8 | | Hortigal | | 383.9 | | | H | | | | | | | 437.5 |
| | 2.7 | | Serdio | | 386.6 | A | | 2 | R | B | | | | | 434.8 |
| | 4.8 | | Pesués (Puente) | | 391.4 | | | H | | | | | | | 430.0 |
| | 2.6 | | Unquera ↑ Cantabria | 43 | 394.0 | | | 4 | R | B | S | F | M | € | 427.4 |
| | 2.0 | | Bustio Colombres ↓ Asturias | 117 | 396.0 | A | | H | R | B | S | F | M | € | 425.4 |
| 18 (23.2Km) | 1.4 | | El Peral | | 397.4 | | | 4 | R | B | | | | | 424.0 |
| | 1.8 | | La Franca | | 399.2 | A | | 3 | R | B | | | | | 422.2 |
| | 4.0 | | Buelna | 16 | 403.2 | A | | H | R | B | | | | | 418.2 |
| | 1.8 | 0.0 | Pendueles | | 405.0 | 2 | | 5 | R | B | S | | | | 416.4 |
| | | 4.4 | Puertas de Vidiago | | 405.0 | | | 4 | R | B | | | | | 416.4 |
| | | 3.5 | San Roque del Acebal | | 405.0 | | | H | R | B | | | | | 416.4 |
| | 2.8 | | Vidiago | | 407.8 | A | | 2 | | | | | | | 413.6 |
| | 6.0 | | Andrín | | 413.8 | | | 2 | R | B | | | | | 407.6 |
| | 2.6 | | Cue | | 416.4 | | | 5 | R | B | S | | | | 405.0 |
| | 2.8 | 4.2 | Llanes | 15 | 419.2 | 4 | | 4 | R | B | S | F | M | € | 402.2 |
| 19 (31.4Km) | 2.4 | | Poo | | 421.6 | A | | 4 | R | B | S | | | | 399.8 |
| | 2.6 | | Celorio | | 424.2 | | | 4 | R | B | S | F | M | € | 397.2 |
| | 2.0 | | Barro | | 426.2 | | | 2 | R | B | | | | | 395.2 |
| | | | Niembro | | | | | 2 | R | B | S | | | | |
| | 5.8 | | Naves | 89 | 432.0 | | | 3 | R | B | S | | | | 389.4 |
| | 1.2 | | Villahormes | | 433.2 | | | 2 | R | B | | | | | 388.2 |
| | 3.4 | | Nueva | | 436.6 | | | 7 | R | B | S | F | M | € | 384.8 |
| | 2.2 | | Piñeres de Pria | | 438.8 | 2 | | H | | B | | | | | 382.6 |
| | 4.6 | | Cuerres | | 443.4 | 2 | | 3 | | B | | | | | 378.0 |
| | | | Camango | | | | | 4 | | | | | | | |
| | 7.2 | | Ribadesella | 13 | 450.6 | A | | 7 | R | B | S | F | M | € | 370.8 |
| 20 (20.1km) | 3.8 | | San Pedro de Leces | | 454.4 | | | | | S | | | | | 367.0 |
| | | | San Esteban de Leces | 106 | | A | | | | | | | | | |
| | 3.1 | | Vega de Ribadesella | | 457.5 | A | | H | | | | | | | 363.9 |
| | 2.6 | | Berbes | 18 | 460.1 | | | | | B | | | | | 361.3 |
| | 5.2 | | La Espasa | | 465.3 | | | | R | | | | | | 356.1 |
| | | 0.0 | (分岐) | | 465.3 | | | H | R | B | | | | | 356.1 |
| | | 1.8 | La Isla | 24 | 465.3 | | | 6 | R | B | S | | | | 356.1 |
| | | 2.5 | Huerres | | 465.3 | | | | R | B | | | | | 356.1 |
| | 5.4 | 1.9 | Colunga | | 470.7 | | | 7 | R | B | S | F | M | € | 350.7 |

| Etapa | Km | Km (別ルート) | 地名 | 標高 | 累積 | A | H/C | R | B | S | F | M | € | 残存距離 | |
|----------------|-----|-----------------------|-----------------------|-------|-------|-----|-----|---|---|---|---|---|-------|-------|--|
| 21 (17.2km) | 5.2 | | Pernus | | 475.9 | | H | | | | | | | 345.5 | |
| | 1.8 | | La Llera | | 477.7 | | | | | | | M | | 343.7 | |
| | 1.3 | | Priesca | | 479.0 | A | | | | | | | | 342.4 | |
| | 2.9 | | Sebrayo | 15 | 481.9 | A | | | | | | | | 339.5 | |
| | 6.0 | | Villaviciosa | | 487.9 | 2 | 6 | R | B | S | F | M | € | 333.5 | |
| 22 (29.8km) | 1.9 | | Amandi | | 489.8 | A | H | R | B | S | | | | 331.6 | |
| | 1.8 | | Casquita | | 491.6 | | | | | | | | | 329.8 | |
| | 5.8 | | Niévares | | 497.4 | | | | | | | | | 324.0 | |
| | 5.7 | | Peón | | 503.1 | | | R | B | | | | | 318.3 | |
| | 6.6 | | Deva | | 509.7 | A | H | R | B | | | | | 311.7 | |
| | 8.0 | | Gijón | | 517.7 | 10+ | H | R | B | S | F | M | € | 303.7 | |
| 23 (25.4km) | 7.6 | | Pavierna | | 525.3 | | | | | | | | | 296.1 | |
| | 4.4 | | Santa Eulalia | | 529.7 | | | | | | | | | 291.7 | |
| | | | Zancornio | | 529.7 | | H | | | | | | | 291.7 | |
| | 4.9 | | Tabaza | | 534.6 | | | R | B | S | | | | 286.8 | |
| | 3.7 | | Trasona | | 538.3 | | H | R | B | S | F | | | 283.1 | |
| | 4.8 | | Avilés | 50 | 543.1 | A | 7 | R | B | S | F | M | € | 278.3 | |
| 24 (23.2Km) | 5.4 | | Salinas | | 548.5 | | 4 | R | B | S | F | M | € | 272.9 | |
| | 1.5 | | San M. De Laspra | | 550.0 | A | | | | | | | | 271.4 | |
| | | | Piedras Blancas | | | | H | R | B | S | F | M | € | | |
| | 5.8 | | Santiago del Monte | | 555.8 | | H | | | | | | | 265.6 | |
| | 5.3 | | El Castillo | | 561.1 | | | | | | | | | 260.3 | |
| | 1.0 | | Soto del Barco | | 562.1 | | 2 | R | B | S | F | M | € | 259.3 | |
| | | | San Juan de la Arena | | | | A | H | R | B | S | F | M | € | |
| | | | San Esteban de Pravia | | | | A | H | R | B | S | F | M | € | |
| 4.2 | | Muros de Nalón | | 566.3 | 3 | 3 | R | B | S | F | M | € | 255.1 | | |
| 25 (15.3km) | 4.0 | | El Pito | | 570.3 | A | 6 | R | B | S | | | | 251.1 | |
| | | | Cudillero | | 570.3 | | 6 | R | B | S | F | M | € | | |
| | 4.6 | | El Rellayo | 150 | 574.9 | | 2 | R | | | | | | 246.5 | |
| | 3.8 | | Mumayor | | 578.7 | | | | | | S | | | 242.7 | |
| | | | Castañedo | | | | 2 | | | | | | | | |
| | 2.9 | | Soto de Luiña | | 581.6 | A | 5 | R | B | S | F | | € | 239.8 | |
| 26 (18.5km) | 3.6 | | Albuerne | | 585.2 | | H | | | | | | | 236.2 | |
| | 1.5 | | Novellana | | 586.7 | A | 2 | R | B | | | | | 234.7 | |
| | 1.7 | | Castañeras | | 588.4 | | | | B | | | | | 233.0 | |
| | 2.2 | | Santa Marina | 100 | 590.6 | | 3 | R | B | | | | | 230.8 | |
| | 2.5 | | Ballota | | 593.1 | | 2 | R | B | | | | | 228.3 | |
| | 2.0 | | Tablizo | | 595.1 | | | | | | | | | 226.3 | |
| | | 1.5 | Llanorozo | | 595.1 | | 2 | | | | | | | 226.3 | |
| | | 17.1 | San Pelayo de Tehona | | 595.1 | | H | | | | | | | 226.3 | |
| | 5.0 | | Cadavedo | | 600.1 | A | 4 | R | B | S | F | M | € | 221.3 | |

| Etapa | Km | Km (別ルート) | 地名 | 標高 | 累積 | A | H/C | R | B | S | F | M | € | 残存距離 |
|----------------|-----|-----------------------------|-------------------------|-------|-------|---|-----|---|---|---|---|---|-------|-------|
| 27 (15.3km) | 1.4 | 2.6 | Villademoros | | 601.5 | | 2 | | | | | | | 219.9 |
| | 3.6 | | Querúas | | 605.1 | 2 | | R | B | S | | | | 216.3 |
| | 1.3 | | Canero | 100 | 606.4 | A | H | R | B | | | | | 215.0 |
| | 5.9 | | Barcia | | 612.3 | A | H | R | B | S | | | | 209.1 |
| | 3.1 | | Almuña Luarca | 25 | 615.4 | A | 7 | R | B | S | F | M | € | 206.0 |
| 28 (30.5km) | 3.5 | | Villuir | | 618.9 | | H | R | B | | | | | 202.5 |
| | | | La Ronda | | | A | H | | | | | | | |
| | | | Otur | | | A | 3 | R | B | | | | | |
| | 9.0 | | Villapedre | | 627.9 | | 3 | R | B | S | | | | 193.5 |
| | 2.0 | | Piñera | 35 | 629.9 | A | | R | B | S | | | | 191.5 |
| | 2.1 | | Villaoril | | 632.0 | | H | | | | | | | 189.4 |
| | 2.0 | | La Colorada | | 634.0 | | 2 | R | B | S | | | | 187.4 |
| | 1.5 | | Navia | | 635.5 | A | 7 | R | B | S | F | M | € | 185.9 |
| | 2.6 | | Jarrio | | 638.1 | | H | R | B | | F | | | 183.3 |
| | 3.9 | | Cartavio | 100 | 642.0 | | 3 | R | B | | | | | 179.4 |
| | 2.4 | | Arboces | | 644.4 | A | | | | | | | | 177.0 |
| 1.5 | | La Caridad | | 645.9 | 2 | 2 | R | B | S | F | M | € | 175.5 | |
| 29 (21.3km) | 3.1 | | Valdepareas | | 649.0 | | | | B | | | | | 172.4 |
| | | 2.0 | Porcia | | 649.0 | | H | R | B | | | | | 172.4 |
| | | 1.9 | Salave | | 649.0 | | | | | | | | | 172.4 |
| | | 3.7 | Tapia de Casariego | | 649.0 | A | 6 | R | B | S | F | M | € | 172.4 |
| | | 4.7 | Villamil | | 649.0 | | | | | | | | | 172.4 |
| | | 2.8 | Villadún | | 649.0 | | 3 | | | | | | | 172.4 |
| | 2.0 | | Porcia | | 651.0 | | | | B | | | | | 170.4 |
| | 7.8 | | Tol | 100 | 658.8 | | H | R | B | S | | | | 162.6 |
| | 4.0 | | Barres | | 662.8 | | H | R | B | | | | | 158.6 |
| | 1.6 | | Figueras ↑ Asturias | | 664.4 | A | H | R | B | S | F | | € | 157.0 |
| 2.8 | 4.2 | Ribadeo ↓ Galicia | | 667.2 | A | H | R | B | S | F | M | € | 154.2 | |
| 30 (20.9km) | 6.3 | | Vilela | 110 | 673.5 | A | H | R | B | | | | | 147.9 |
| | | | San Vicente de Covelas | | | | H | R | B | | | | | |
| | 4.7 | | A Ponte de Arante | | 678.2 | | | | B | | | | | 143.2 |
| | 6.2 | | Villamarin Pequeno | | 684.4 | | | | | | | | | 137.0 |
| | 1.4 | | Villamarin Grande | | 685.8 | | H | R | B | | | | | 135.6 |
| | 2.3 | | Gondán | 180 | 688.1 | A | | | | | | | | 133.3 |
| 31 (15.6km) | 1.8 | | San Xusto de Cabarcos | | 689.9 | A | | R | B | | | | | 131.5 |
| | 4.8 | | Vilanova de Lourenzá | 60 | 694.7 | 4 | 3 | R | B | S | F | M | € | 126.7 |
| | 3.8 | | Ogrobe | | 698.5 | | | R | B | | | | | 122.9 |
| | 5.2 | | Mondoñedo | 140 | 703.7 | 2 | 6 | R | B | S | F | M | € | 117.7 |

| Etapa | Km | Km (別リポート) | 地名 | 標高 | 累積 | A | H/C | R | B | S | F | M | € | 残存距離 | |
|----------------|------|---------------|----------------------|-----|------|---|-----|---|---|---|---|---|---|------|------|
| | 1.3 | | Figares | | 12.9 | | | | | | | | | 59.4 | |
| | 3.1 | | Vega de Sariego | 292 | 16.0 | A | | R | B | S | | | | 56.3 | |
| | 10.0 | | Pola de Siero | 230 | 26.0 | A | H | R | B | S | F | M | € | 46.3 | |
| 2A (17.3km) | 3.8 | | El Berron | | 29.8 | | | R | B | S | F | | | 42.5 | |
| | | | Noreña | | | | 2 | R | B | S | F | M | € | | |
| | 3.1 | | Fonciello | | 32.9 | | | | | | | | | 39.4 | |
| | 1.3 | | Meres | | 34.2 | | | | | | | | | 38.1 | |
| | | | Granda | | | | | H | R | B | S | F | M | € | |
| | 4.7 | | Colloto | | 38.9 | | | H | R | B | S | F | M | € | 33.4 |
| | 4.4 | | Oviedo | 232 | 43.3 | 2 | 10+ | R | B | S | F | M | € | 29.0 | |
| 3A (29.0km) | 6.8 | | La Ponte (Cayés) | | 50.1 | | | | B | | | | | 22.2 | |
| | 4.2 | | Posada de Llanera | | 54.3 | | | R | B | S | F | | | 18.0 | |
| | 3.7 | | Alto de la Miranda | | 58.0 | | | R | B | | | | | 14.3 | |
| | 1.7 | | La Miranda | 250 | 59.7 | | | H | R | B | | | | 12.6 | |
| | 5.1 | | Cancienes | | 64.8 | | | H | R | B | S | F | M | € | 7.5 |
| | 1.3 | | Nubledo | | 66.1 | | | H | R | B | | | | | 6.2 |
| | 6.2 | | Avilés | 50 | 72.3 | A | 7 | R | B | S | F | M | € | 0.0 | |